

**GRETNA**  
1610 BELLE CHASSE HWY  
TERRYTOWN LA 70056  
ph: 504-362-1000  
Fx: 504-584-7747

**BELLE CHASSE**  
102 WOODLAND HWY STE 1  
BELLE CHASSE LA 70037  
ph: 504-392-7000  
fx: 504-584-7747

**PORT SULHPUR**  
27136 LA-23 STE E  
PORT SULPHUR, LA 70083  
ph: 504-582-0775  
fx: 504-584-7747

epic-physicaltherapy.com

**PHYSICAL THERAPY PRESCRIPTION**

**Patient** \_\_\_\_\_

**Date** \_\_\_\_ / \_\_\_\_ / \_\_\_\_

**Diagnosis** \_\_\_\_\_

**Frequency:** 1 2 3 4 5 times per week      **Duration:** 1 2 3 4 5 6 week(s)

**Area to be Treated:**

- Neck
- Back                      upper    mid    lower
- Shoulder                    left                      right
- Elbow                        left                      right

- Wrist/Hand    left    right
- Hip                      left    right
- Knee                    left    right
- Ankle/Foot    left    right

**Evaluate and Treat**

**Therapeutic Exercise**

- PROM
- AAROM
- AROM
- Progressive Resistive Exercise

**Manual Therapy**

- Soft tissue massage
- Passive joint mobilization
- Graston Technique
- Dry Needling

**Modalities**

- Hot packs
- Cold packs
- Ultrasound
- Phonophoresis (10% cortisone)
- Iontophoresis
- Paraffin
- Other:

**Traction**

- Cervical
- Lumbar

**Electrotherapy**

- For pain reduction
- For muscle stimulation
- For Edema Control
- Home TENS Unit

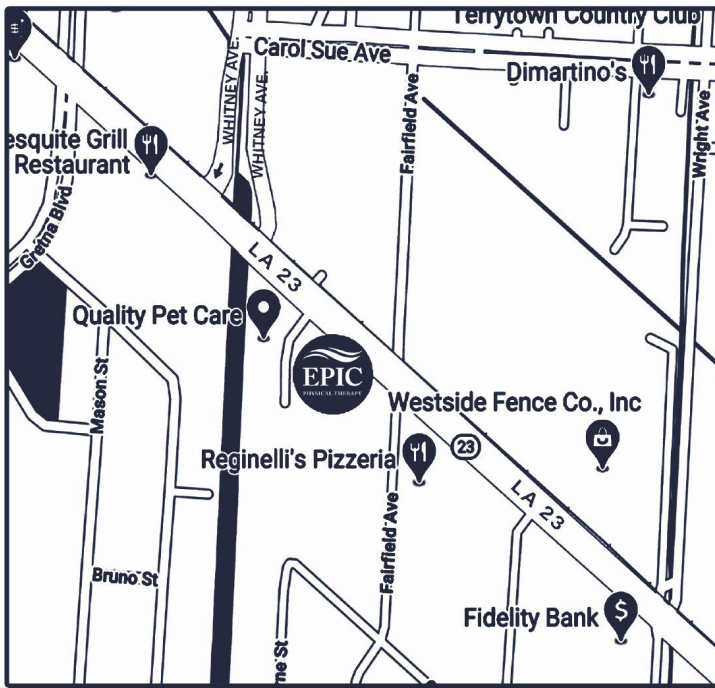
**Other**

\_\_\_\_\_  
\_\_\_\_\_

**Special Instructions:** \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

**Physician's Signature:**



**GRETNA**  
 1610 BELLE CHASSE HWY  
 TERRYTOWN LA 70056  
 ph: 504-362-1000  
 Fx: 504-584-7747

**BELLE CHASSE**

102 WOODLAND HWY STE 1  
 BELLE CHASSE LA 70037  
 ph: 504-392-7000  
 fx: 504-584-7747



**PORT SULPHUR**  
 27136 LA-23 STE E  
 PORT SULPHUR, LA 70083  
 ph: 504-582-0775  
 fx: 504-584-7747

